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## LOCAL WRITER EDUCATES WITH ADAM'S GLUTEN FREE SURPRISE

Author Debbie Simpson signs books at Ferguson, MO store

SAINT LOUIS, MISSOURI (July 26, 2011) – Belleville author Debbie Simpson celebrates the release of Adam's Gluten Free Surprise with a book signing on Saturday, August 13, 2011 from 12 until 2pm at Free Range Cookies in Ferguson, MO. Kids ages three and up can make a free back to school cookie craft from noon until 2pm.

“I wanted to create a positive role model for children who require a gluten free diet,” said Simpson, author and illustrator of [Adam's Gluten Free Surprise](#). “And to help the important adults in our children's lives develop an understanding of the strict requirements of a gluten free diet in a simple, positive and friendly way.”

Though it looks like a child's picture book, Adam's Gluten Free Surprise is an educational book in disguise. Anyone who reads this book will better understand the strict requirements of a gluten free diet and the emotional impact their understanding or lack of understanding can have. Adam's Gluten Free Surprise is available online at [Amazon](#), [Barnes and Noble](#), [AuthorHouse](#), [DSimpsonBooks](#), and at the [Free Range Cookies](#) store in Ferguson, MO.

### **About Debbie Simpson**

Debbie (Adams) Simpson has been involved in celiac awareness and support since she was diagnosed with celiac disease in September of 2000. She founded the Belleville (Illinois) Area Celiac Support Group in 2001 and later joined forces with a St. Louis based group to help co-found the Bi-State Celiac Support Group, [www.bscsgonline.org](http://www.bscsgonline.org).

### **About Free Range Cookies**

[Free Range Cookies](#) was founded with the goal of making great tasting gluten free baked goods available for people with celiac disease (CD). Once thought to be a rare disorder, CD is now known to affect more than [1 in 100 Americans](#). The great news is that [CD](#) can be treated by following a gluten free diet.

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